



Play for a Purpose

Using the chart below, explore these questions: What are three different games and/or sports you like to play? What lessons did you learn, or what purpose did playing serve? What other skills or benefits do you gain? You may also include examples of games heard in the audio “Games We Play”.

Game/Sport I like	Lesson /Purpose	Skills/Benefits

Your challenge is to plan, design, and invent a game that serves a positive purpose. Start by selecting a purpose. Use this choice board to circle ideas of what you would like the purpose of your game to be. You may choose more than one. Then, fill out the game design template on the next page to plan your game.

Practice creativity and imagination	Teamwork	Spark joy and/or laughter	Gain confidence
Improving communication	Getting to know others	Unite a group of people	Improve coordination
Problem solving skills	Increase resilience	Promote cooperation and collaboration	Help people, animals, and/or environment
Resolving conflicts	Build empathy	Learn something new	Spread positivity



Fill out this game design template to plan your game.



My Game Design Plan



The game is called:

What are the rules to play?

The purpose of the game is:

Materials needed to play:

What are the steps of playing the game? Write them in order.

1.

2.

3.

4.

5.

Sketch an illustration of what your game looks like when played.